



LAAUGHING BUDDHA



Hi! I'm Prathap, a wellness consultant with over 30 years of experience helping clients restore balance in body, mind, and soul. I use ancient healing practices like Reiki, Shiatsu, Marma, meditation, crystals, numerology, tarot, and more. What began as a hobby became a calling, revealing my gift to transform lives. Guided by intuition, I've explored both conventional and esoteric methods, often witnessing results that defy logic—yet feel like a natural and inevitable path toward healing and wholeness.



ANGELIC THERAPY

This is a spiritual healing method that works with guardian angels and archangels to bring peace and balance to all parts of life. Angels often speak through repeated number signs. Through number signs and oracle cards, I help my clients feel grounded, healed, and guided on their next steps in life.



AROMA THERAPY

Aromatherapy is a natural way of healing using the aroma of oils or scents. Though how it works is still not fully known, new studies have shown it may help many health issues. We use over 100 types of oils in many ways to help people feel better and move toward a state of full wellness. Healing begins with a single breath.



CLINICAL HYPNOTHERAPY

Hypnosis is a calm, deep state of mind used for healing. In hypnotherapy, we work with the inner mind to help with habits, fears, pain, or illness. You are not treated by hypnosis, but within it. We also use “Reality Therapy” for talks. Each session is shaped to suit your personal needs.



CRANIOSACRAL THERAPY

Cranio Sacral Therapy is a gentle bodywork method. Every living tissues move with the rhythm of life. These soft, slow pulses can be felt by trained hands. When this rhythm is out of balance, it may cause problems. CST helps fix these blocks, letting the body heal and work the way it should.



CRYSTALS & NATURAL SALTS THERAPY

Natural salt is key for the survival of all living beings, especially people. Salt and water helps controlling the body's water levels. Water goes into each cell to clean out waste. We use salts rich in minerals in many ways to fix lack of key nutrients, helping the body heal and move from sickness to good health.



MEDITATION

Meditation is an art and a way of life. For ages, people have used it to connect with nature, God, or the universe. Life is pure energy and flow. With our easy ways, you can tune back in, feel deep peace, joy, and calm, and bring health and light back into your life.



REFLEXOLOGY

Reflexology is a type of touch therapy that uses pressure on parts of your feet, hands, ears and face. It also helps other parts of the body feel better. A wood stick, cream, or oil is used with fingers. As per Chinese thought, these points link to inner organs and help fix body issues. It brings balance and health to the body



REIKI

Reiki is a soft touch healing where hands are placed on or near the body. The word comes from “Rei” (spirit) and “Ki” (life force). It helps the body heal on its own. I’m a Reiki Grand Master, Offers one on one and distant healing to help bring peace, good health, and calm within. Receive. Relax. Realign with your inner light.



RITUALISED PRAYERS

In India, people often put family first and forget about their own care. We think of others before we think of ourselves. I create a special prayer ritual just for you, made to fit your needs. I then do the prayers for you. A mild healing done with love, care, pure intent, and light from the heart.



YOGA

Who doesn't know Yoga? It needs no talk! From 2001 to 2008, fatherhood brought me back to Yoga as I saw my boys move with ease and joy. I now teach Yoga to all ages including Couples. From Post Natal, Babies, Toddlers, Teens, Adults, Senior Citizens, and those with special needs. I thank my sons, Chotu and Motu, for this gift.



SHIATSU

Shiatsu means “finger pressure” in Japanese. It is a touch therapy that works on body points to ease pain and stress. It helps with body aches, stress, sleep, and more. No oils or gear needed. You stay clothed. A full session lasts 60 to 90 minutes and leaves you calm, fresh, and well.



TAROT READING

The word Tarot comes from “Rota,” meaning wheel, as it shows the circle of life. Tarot is a mirror of the Universe and its ways. Each card holds sacred symbols, meanings, and truths that guide us. With Prathap, you get clear, private, and useful answers made just for you.



DREAM INTERPRETATION

Dream reading is the way of finding meaning in dreams. In ancient Greece and Egypt people saw dreams as a sign from God or divine powers. Today, many experts have ideas about why we dream. We help people understand their odd or repeat dreams in simple ways that bring clear answers.



NUMEROLOGY

Numerology is a game of numbers. We are made of vibes, and we talk to the world through these vibes. Each one of us holds a special code. When you find this key, life starts to flow with ease—job, love, health, money—all feel simple. Let me help you find your own key.

**TO MAKE AN APPOINTMENT, PLEASE
BOOK ON THIS SITE OR CONTACT US AT**



contact@laaughingbuddha.com



www.laaughingbuddha.com



+91 9606 950 491