

Therapeutic Massages

The different types of massages I do are;

*Massages with essential oils
(Aromatherapy)*

Deep tissue massage

*Swedish massage (soft strokes for sensitive
skin)*

Head & shoulders therapy

Cervical & Lumbar therapy

Knee & Ankles therapy

Massages for infant & Children

Meditation

*We offer you different kinds of guided
meditation techniques like; smile, color, om,
lotus chant, rhythmic & trance. These
techniques help you not only relax but also to
rejuvenate each and every cell of your body,
eventually in our advanced techniques
connecting to the cosmic energy of the
universe. One to one private sessions & group
sessions are available.*

*In order to avail any of the therapies one must
go through the initial diagnosis with us in
which we can also discuss the fees & your
medical history.*



*Performing "natural therapies" is my passion
& since 19 years as a well being consultant
am helping people heal their physical, mental
and psychological issues.*

*I specialize in Shiatsu & Reiki. With the
wisdom of these ancient Japanese therapies
and my personal experience am able to help
my clients address their issues profoundly and
successfully.*

*Other holistic therapies I use in my sessions
are, Tarot Reading, counseling,
aromatherapy, different types of massages &
Meditation with some lagu Yog.*

LAAUGHING BUDDHA



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Tarot Reading

A reading session with the "Divine Tarot" can help you have an insight as to see what is in store for you in the universe. With the divine insight you can plan your course of action in life accordingly to attract the materialistic riches and prosperity.

- General session
- Couple session
- Specific problem solving session

List of ailments

Our therapies can heal the following diseases;

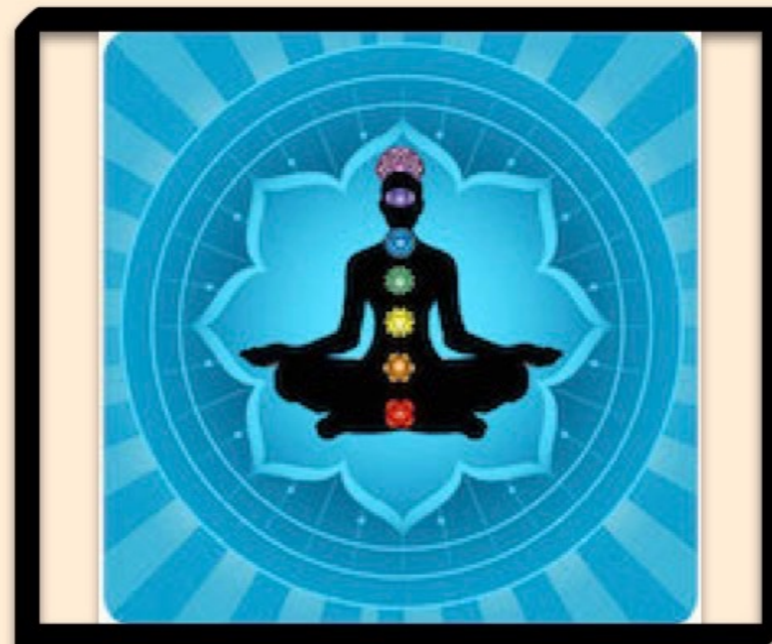
Asthma, Anaemia, Allergies, Accident injuries, Circulation problems, Cancers, Constipation, Cellulite, Digestive disorders, Depression, Diabetes, Eczema, Fatigue Frozen shoulders, High BP, Insomnia IBS, Kidney stones, Migraine, Morning/motion sickness, Mucus congestion, Neck injuries, Obesity & its related problems, Osteoporosis, PMS, Psoriasis, Sinusitis, Sports injuries, Stroke recovery, Sore Throat, Stiff Shoulders, Sciatica, Thyroid - (Over or under active), Ulcers, Varicose veins, Whiplash Injuries.

Shiatsu

Shiatsu means "finger pressure" a work of art on the meridians in the human body. It is simply based on the principle that we experience health & well being when we are in a state of balance and relax mode, while we are aware of it.

Due to various kinds of stress and occupational hazards we are faced with each day, as a challenge, our natural state of relaxed awareness is lost, resulting in neuro-ortho related ailments varying from minor to chronic.

Shiatsu helps most of the common ailments and deformities which comes from wrong postures, injuries and stress of all kinds including physical & psychological.



Reiki

Reiki is a Japanese technique which is administered by 'laying on hands' on the chakras or energy centers or by distant. The energy that flows through in our body is known as the "life force energy" or "Prana", which is what causes us to be alive. When our "life force energy" is imbalanced or blocked, then we are likely to get sick or feel stress.

In my personal experience performing Reiki on my clients has been so profound & unique, that I strongly believe the "life force energy" through Reiki technique can be initiated to any and every problem of the mankind.

It is a detoxing therapy as I understand it. Be it a cancer or a simple back pain when Reiki is initiated it simply does one thing "Detox" at the cellular level. When every cell in our body is cleansed, the obvious result would be a diseased free body.

Allowing to get nourished grow and perform at its optimum level our body is able to help us make the most of our lives.

It combats the radiation of all kinds that we all are exposed to, which is emitted from computers, mobile phones, microwaves etc.